## **QUATREDONDETA**

Located at the slopes of Mountain La Serrella, Quatretondeta is one of those villages where you can admire the nature walking between olive and almond trees below the massive rocks of La Serrella.

There are three wonderful mountain walks from this point such as Les Agulles de La Serrella, which starts at El Pla de la Casa and the one that goes to Benasau. Places like El Huerto de los Frailes (the orchard of the monks), Les Agulles, La Cova Foradada or La Peña de África offer the visitor magical locations and walks for every level. Holm Oaks were the predominant trees of the Mediterranean forests. At present, these only remain on the highest parts of the mountain and shaded spots. They are now decorated with undergrowth and bushes, kermes oaks and mastics together with hedgehog plants, sage, rosemary, chamomile, lavender and other typical plants common in the inner mountains of Alicante.

Besides, there are two flora micro-reserves: La Canal and Agulles dels Frares. The different Iberian-Levantine endemisms can be found here giving the chance to admire the presence of maples, taxus, manna ashes, hollies, whitebeams and rock-dwelling plants such as rock teucriums, guinea, cliff bells, rock tea and the spectacular king's crown growing all over La Serrella. Moss, lichen and ivy is found everywhere invading landslides and climbing up the rocks and tree trunks.

Quatretondeta is ideally located in de Valley of Seta providing the visitor the possibility to know the rich nature, gastronomy and patrimony of inner Alicante. Admire the best views of our mountains and even see Ibiza on clear days from the summit of **El Pla de la Casa**, 1,379m of height.

Taste the traditional recipes offered in the village such as arroz al horno (oven baked rice) olleta or typical mountain tapas of Alicante. Everything seasoned with the best olive oil coming from the olive trees in the area.

## TELEPHONE NUMBERS OF INTEREST

Town hall of Quatretondeta	965 511 094
Bar Canyares	965 511 089
Cottage La Tía Consuelo	965 511 089
Mountain Walks https://mountainwalks.com/	965 511 044

	110
Emergencies	112

MIDE				Les Agulles
time	3 h 55' 💍		4	difficulty natural environment
indine	642 m 🚄		3	orientation of the itinerary
dedine	649 m 🚄	P	3	difficulty to move
distance	6.800 m <u>→</u>	Ø	3	needed effort
type of walk	Circular 🔾			

The conditions have been estimated for all year round and times are calculated according to the MIDE (mountain information methods), without stops. Sources from 2017.

MIDE		Les	Agulles - variation
time	5 h 👌	<b>A</b> 4	difficulty natural environment
indine	752 m 🔼	3	orientation of the itinerary
dedine	769 m 🚄	Ø 3	difficulty to move
distance	7.800 m 📥	₫ 3	needed effort
type of walk	Circular 🕞		

The conditions have been estimated for all year round and times are calculated according to the MIDE (mountain information methods), without stops. Sources from 2017.











## MOUNTAIN WALK LES AGULLES DE LA SERRELLA









## **DESCRIPTION OF THE MOUNTAIN WALK**

We recommend to the follow the GPS track that can be downloaded using the QR code.

The itinerary begins at the road going up from the right side of the **Barranco de Figuerets**. You will quickly see the **Lavadero** (washing place), a restored building where you can stop for a little rest. Continuing, the route will leave a small path on the left that takes to the **Font de la Vinyeta** (fountain of La Vinyeta). Always continue up on path. Due to its beauty the paths have not been marked but the orientation is easily seen. After a little while, take the **Camí del Carrascal** which ends in the areas known as **Els Corralets** where a sign of flora micro-reserve is posted.

From this point, start climbing using the landslide until La Canal from which a beautiful view of Quatretondeta can be seen. From La Canal you can either continue straight forward or turn and climb using the variation. It will take you through Les Agulles until the descent close to the Cova Foradada. You can visit it and take the way again down until the path you were following before climbing La Canal.

Once you have passed the crossroad PR-CV 24 that takes to **El Pla de la Casa**, take the path down to La **Font de l'Espinal**, crossing a lovely forest and providing you a nice place to rest.

From La Font de l'Espinal there is an easy road that takes you down again to your destination. We highly recommend to turn and see the marvellous views of Les Agulles and admire the turns and colours is has. You will walk by the Carrasca de la Tía Sofía (the oak of Aunt Sofía), which is more than 250 years old and reminds us of the traditional Mediterranean forests. Cross the main road and walk through the village until the departure point and destination. We recommend to walk through the streets of Quatretondeta with views to La Serrella and taste its delicious gastronomy.





